

## **PRACTICING LEADERSHIP AND SELF MANAGEMENT PROGRAMME**

Dear Parents,

It is said that **“Life is 10% what happens to you and 90% how you respond to it”**. In order to equip our children with essential life skills which are needed to live a fulfilling life we must expose them to right kind of learning.

It gives us immense pleasure to introduce the **‘Practicing Leadership and Self Management Programme’** for the students of Class VIII.

The programme is conceptualised by **Quality Education Asia**, which is a team of eminent educationists and empanelled by CBSE for conducting training programmes for teachers and students. The motto of this programme is to fashion a generation which is emotionally and spiritually strong.

The five units in this Leadership course focus on raising the **Intellectual, Interpersonal, Emotional, Social and the Spiritual quotient** of the students.

This Leadership programme takes the children through an introspective and transformational journey in an interesting manner as each concept is presented and reinforced with the help of videos, anecdotes, case studies, role-plays and powerful self assessment inventories. There is a specific section for parents in each module.

The delivery model consists of

- Teachers’ workshops – conducted by the experts for the faculty members who will transact the course with the students.
- Peer Mentors’ workshop - to support peer learning and assist the teacher in the class some students will be chosen as Peer Mentors and will be specifically trained for mentoring.
- Parenting Workshop - for parent/ guardian (2 members)
- Students’ workshop - each student will be given three CBSE certified trainings.

**The Leadership Kit for students consists of:-**

- **Course Book**
- **Activity Book**
- **Assessment sheets**
- **Multimedia support**
- **3 Training Vouchers - CBSE Certified trainings for students** (three workshops)
  - Life Skills: Thinking Skills, Social Skills, Emotional Skills
  - Mental Health and Adolescent Issues
  - Study skills and Learning strategies
- **2 Training Vouchers - Parenting workshop** (One workshop)

The programme will be launched on 6<sup>th</sup> August, 2014 and dates of the parents workshops will be communicated to you in due course.

The programme is being pilot run for the students of class VIII. Its cost is Rs. 1200/- per child but no fee is being charged from students in this year. Future implementation will depend on feedback of children, parents and teachers. Please motivate your child to participate actively. We forward to your constructive suggestions and feedback.

With best wishes

L V Sehgal  
Principal